

## **Take Preventive Measures against Influenza**

Influenza is a common infectious disease caused by influenza virus. The spread of the virus is worried in this winter. It is highly infectious and the number of people who are infected with that virus will rise rapidly if it goes around. The routes of transmission are generally through droplets and contacts and they are the same as novel coronavirus. Take measures to prevent infectious diseases.

#### Preventive measures

- ♦ Wash your hands with soap and water.
  - Disinfecting your hands with alcohol is effective as well.
- ◆Keep rooms well-ventilated.
- Get enough rest and eat a balanced diet to strengthen your immune system.

\*Pregnant women, infants, seniors and those who have underlying diseases are at risk of serious illness from influenza. Taking an Influenza vaccination is effective to prevent the infection and serious illness. (It takes about 2 weeks to develop immunity after the vaccination.) When you take a vaccine, please consult with a doctor.

## If you suspect that you might have been infected with Influenza, ...

If you suspect that you might have been infected with Influenza, there is possibility of other infections such as novel coronavirus (COVID-19). Therefore please call your family doctor or Fukuoka Prefecture COVID-19 General Consultation Call Center at 050-3665-8126 (Japanese only) and make an appointment before you see a doctor.

# As to consultation in foreign language, please contact the number below.

Fukuoka International Medical support Center TEL:092-286-9595

\*Available all year round (24 hours per day, 365 days per year)

\*Supported Languages 21 languages

English, Chinese, Korean, Thai, Vietnamese, Indonesian, Tagalog, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer language, Myanmar, Sinhara, Mongolian, Hindi, Bengali

When you visit a medical institution, please wear a mask and avoid using public transportation as much as possible. Please do not forget to bring health insurance card with you.



# Dec. 1st, 2023 issue (No.1)

-Scan the code to access English page of Onojo City

# "Traffic Safety Campaign" from Dec. 11<sup>th</sup> to Dec. 31<sup>st</sup> Drunk Driving Elimination

If you consume any kind of alcohol, do not operate any automobile, bicycle or motorbike. Driving under the influence of alcohol is prohibited by the Road Traffic Law, and severely punished. Additionally, providing alcohol to someone you know who will drive and being a passenger in a vehicle in which you know the driver has consumed alcohol are also punishable by law. If you are drinking, don't drive, if you're driving, don't drink.

# Traffic Accident Prevention

When you drive, please pay careful attention to pedestrians in the evening and at night especially in winter, and make an effort to prevent traffic accident. Drivers and pedestrians need to pay careful attention to traffic.

# Promotion of safe and Proper Bicycle Use

When you ride a bicycle, please follow safety rules to prevent an accident. If you have an accident, there will be a case that you are required to pay compensation to a victim. To protect you and a victim, it is mandatory for cyclists to buy bicycle insurance from Oct. 2020.

# 5 Rules of Safety Bicycle Use

5 Rules of Safety Bicycle Use was revised on Nov. 1<sup>st</sup>, 2022. When you ride on a bicycle, please follow the safety rules to prevent an accident.

①In principle, ride on the road.

Ride on the left side of the road.

Riding on the sidewalk is allowed only in exceptional cases. On sidewalks, yield to pedestrians.

②Stop at intersections and check safety.

③Turn on headlights at night.

④ Riding while under the influence of alcohol is prohibited.⑤ Wear a helmet.









# Dec. 1st, 2023 issue (No.2)

Selected information from the city magazine "ONOJO"

ocoful Workshop Date Contents		<ul> <li>Preventive measures</li> <li>Wash and disinfect your hands well and frequently.</li> </ul>		
Sat, Dec. 2 <sup>nd</sup> / Sun, Dec. 3 <sup>rd</sup> Sat, Dec. 9 <sup>th</sup> / Sun, Dec. 10 <sup>th</sup> Sat, Dec. 16 <sup>th</sup> / Sun, Dec. 17 <sup>th</sup>	Let's make a Christmas card!	<ul> <li>Make sure the food is fully heated.</li> <li>Store infection prevention products like the following in preparation for disasters.</li> </ul>		
Sat, Dec. 23 <sup>rd</sup> / Sun, Dec. 24 <sup>th</sup>	Let's try "Origami" (paper folding)!	♦ Sector Sec		
<ul> <li>Subject person Whoever wants to join.</li> <li>*3rd graders of elementary school and younger must be accompanied by their guardians.</li> <li>Time 10:00am - 4:00pm (Reception is closed at 3:30pm.)</li> <li>Venue Kids History Experience Room <ul> <li>[1<sup>st</sup> Floor, Onojo Cocoro-no-furusato-kan City Museum]</li> </ul> </li> <li>Fee Free *It will end when materials run out.</li> </ul>		<ul> <li>Have you paid National Health Insurance Tax? The deadline of payment of the 7<sup>th</sup> period of National Health Insurance tax Mon, Dec. 25<sup>th</sup>. Delinquent charge will be charged the payment is overdue Please make sure to pay by the deadline.</li> <li>●Delinquent Charge 8.7% annually for 2023</li> <li>*From the next day of the deadline to the day a month passes: 2.4% annually</li> <li>*Making a payment of national health insurance tax, municipal tax etc. by dire debit is convenient. For application, please contact us.</li> </ul>		
Western Japan"         Photo panels of cultural properties         "the Ancient Capital of Western Jap         ●Date and Time         Tue, Dec. 5 <sup>th</sup> -         ●Venue       Joe Hall (Lobby)		<ul> <li>Onojo Cocoro-no-furusato-kan City Museum</li> <li>Visitors are able to learn the history of Onojo City easily and widely throug exhibitions.</li> <li>Closed Every Monday         <ul> <li>*If Monday falls on a public holiday, the museum is closed on the following weekday.</li> </ul> </li> <li>Hours 9:00am - 7:00pm</li> <li>Admission Permanent Exhibition: Free         <ul> <li>*Special Exhibition: Charged</li> <li>Address 3-8-3 Akebono-machi, Onojo City</li> </ul> </li> </ul>		
	Zen-ichida Kofungun, ancient tombs, which is one of the cultural properties in Onojo City	For application or further information, please contact Community Culture Section Tel: 092-580-1876 Fax: 092-573-7791 E-mail: shakai@city.onojo.fukuoka.jp		



# Dec. 1st, 2023 issue (No.3)

#### Let's go to "Star-dome-madoka"! Let's watch Pleiades together!



●Venue Kita Community Center, "Star-dome-madoka"

Details
 Observing the moon and planets with a telescope
 Observing the stars in winter with a telescope

# •Fee Free

\*Junior High School students and younger must be accompanied by their guardians.

\*In the case of rain or cloudiness, a story telling will be held in a room. \*No registration in advance necessary.

# **ONOJO Christmas Market**

During the period of Onojo Winter Illumination 2023, Christmas market will be held around Onojo Madokapia. Hot wine, hot chocolate will be sold and they will fit for the cold season. Also original mugs are sold there. Workshops making candles and Christmas ornaments, etc. will be held. Why don't you enjoy unique Christmas events at Onojo?

●Date Fri, Dec. 22<sup>nd</sup> 12:00pm – 8:00pm

●Venue ◇Multipurpose Hall and south side open space of Onojo Madokapia ◇Onojo Cocoro-no-furusato-kan City Museum

## Contents

## **♦12:00pm-4:00pm**

Christmas workshops, Experiencing Christmas cake decoration

## **♦**4:00pm-8:00pm

Christmas market, Christmas concert

## Limit and Fee

**Name of Event** Experiencing Christmas cake decoration \*Reservation in advance is necessary.

**♦Fee** 500 yen

**♦Time** ♦2:00pm- ♦3:30pm-

\*Limit 18 people each time

\*Workshops are also charged. Fee depends on each workshop. For further information and applications, please contact us.

# Subject Person All persons aged 6 months old or older 'If you do not receive the primary series

**Novel Coronavirus (COVID-19) Vaccination** 

COVID-19 vaccination starting from fall 2023

\*If you do not receive the primary series of COVID-19 vaccine, please receive them first at medical institutions. The vaccine targeting Omicron subvariant XBB.1.5 is used for the primary series.

# Number of Times

<u>Once</u> during the period from Wed, Sep. 20<sup>th</sup>, 2023 to Sun, Mar. 31<sup>st</sup>, 2024, in principle

# Vaccination Interval

3 or more months after the previous COVID-19 vaccination

# Vaccination Fee

Free

# Vaccine Type

COVID-19 vaccine targeting Omicron subvariant XBB.1.5 \*We use age-appropriate COVID-19 vaccine

\*For further details, please check the Dec. 1<sup>st</sup> issue of the City Magazine "Onojo" (Written in Japanese) or contact us.

(Continued on No.4)



Don't feel alone. Please email us at shakai@city.onojo.fukuoka.jp if you have any problems living in Onojo City.

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# Dec. 1st, 2023 issue (No.4)

Selected information from the city magazine "ONOJO"

#### Novel Coronavirus (COVID-19) Vaccination COVID-19 vaccination starting from fall 2023

COVID-19 vaccination starting from fail 202

# Mass Vaccination (12 years old or older)

# **♦Venue**

•Sukoyaka Koryu Plaza 【4-2-1 Kawarada, Onojo City】 \*Please make a reservation after receiving the vaccination ticket. \*For individual vaccination, please make a reservation at medical institutions.

\*Primary series of COVID-19 vaccination is held only at medical institutions. If you want to receive the primary vaccination, please call a medical institution that the vaccination is available and make a reservation.

# How to make a reservation

♦ Sy Phone ♦ Online

\*If you need language support at the mass vaccination venue, please let us know when making a reservation.

\*For further information regarding making a reservation, please see the right column.

For further information, please contact us.

\*For the past 3 years, the COVID-19 virus goes around in the year-end and beginning of the New Year. If you want to receive the vaccine, please receive it before its spread.

# Novel Coronavirus (COVID-19) Vaccination

COVID-19 vaccination starting from fall 2023

How to make a vaccination reservation

You need to make a reservation to receive COVID-19 vaccination.

# How to make a vaccination reservation

Prepare your vaccination ticket at hand.

♦ You can make a vaccination reservation by phone or online.

♦ If you need any help such as language support at a vaccination venue, please let us tell when you make a reservation.

\*If you cancel your vaccination reservation for some reason, please let us know by one day before your vaccination day by phone or online. We only accept cancellation on the day of your vaccination day by phone.

\*You cannot make or change a reservation at a vaccination venue.

# Contact to make a reservation

Online



[Onojo City COVID-19 Vaccination Reservation Website]

# By Phone

 $\diamondsuit$  Saturdays, Sundays and National holidays  $\$  9:00am - 5:00pm

(Continued on No.5)



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(Continued on the right column)

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# Novel Coronavirus (COVID-19) Vaccination

COVID-19 vaccination starting from fall 2023

•Mass Vaccination (12 years old or older)

**Venue** Sukoyaka Koryu Plaza [4-2-1 Kawarada, Onojo City]

♦Mass Vaccination Schedule in December (12 years old or older)

	Date	Time		Date	Time		
	Sat. 2 <sup>nd</sup>	O10:00am-5:45pm		Fri. 15 <sup>th</sup>	O2:00pm-8:10pm		
	Fri. 8 <sup>th</sup>	O2:00pm-8:10pm		Sat. 16 <sup>th</sup>	O2:00pm-5:45pm		
	Sat. 9 <sup>th</sup>	O10:00am-5:45pm		Sun. 17 <sup>th</sup>	◆10:00am-12:45pm		
	Sun. 10 <sup>th</sup>	O10:00am-12:45pm		Sat. 23 <sup>rd</sup>	O10:00am-5:45pm		

OPfizer vaccine

Moderna vaccine

Regarding receiving other vaccines and vaccination Interval
 We will not administer other vaccines (except influenza vaccine) 2 weeks
 before or after taking COVID-19 vaccine.
 Safety and Efficacy of COVID-19 Vaccine

Please check efficacy and risk of side effects of COVID-19 vaccine before you receive the vaccine.

\*For reissuance of COVID-19 vaccination ticket, please contact us.

Dec. 1st, 2023 issue (No.5)

# **Novel Coronavirus (COVID-19) Vaccination Consultation regarding COVID-19 in foreign languages** For consultation regarding COVID-19 in foreign languages, please contact the phone numbers below. • Fukuoka Multilingual Assistance and Information Center TEL: 0120-279-906 (Toll-free) \*Reception Time: 10:00am - 7:00pm \*except Dec. 29th - Jan. 3rd \*Support Languages: Japanese, English, Chinese, Korean, Vietnamese, Nepalese, Indonesian, Tagalog, Thai, Malay, Spanish, French, German, Italian, Russian, Portuguese, Myanmarese, Khmer, Mongolian, Sinhala, Hindi, Bengali ♦ Telephone Consultation Service by Ministry of Health, Labour and Welfare Regarding Novel Coronavirus Vaccines TEL: 0120-761-770 (Toll-free) \*Reception Time: ♦ Japanese, English, Chinese, Korean, Portuguese, Spanish: 9:00am - 9:00pm ♦ Thai: 9:00am - 6:00pm ♦ Vietnamese: 10:00am - 7:00pm \*Service is provided every day including weekends and holidays. Medical consultation such as side effect Dedicated COVID-19 Vaccine Phone Number TEL: 092-687-4884 \*Reception Time: 9:00am - 5:00pm \*Service is provided on weekends and national holidays as well as weekdays. \*Support Languages: English, Chinese, Korean, Vietnamese, Indonesian, Tagalog, Thai, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer, Mvanmar, Sinhalese, Mongolian (Continued on the right column) For application or further information, please contact



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# Be careful of Novel Coronavirus (COVID-19) and Influenza in winter

Please practice preventive measures against COVID-19 and influenza to prevent infection.

Preventive measures

 $\diamondsuit Wash and disinfect your hands frequently and thoroughly.$ 

 $\diamondsuit$ Wear a mask properly.

 $\bigcirc$ Keep rooms well-ventilated.

 $\bigcirc$ Maintain your health. Take adequate diet and sleep.

# Aerosol Cans and Spray Cans are "Other Non-Burnable Garbage"

Aerosol cans and spray cans are "Other Non-burnable garbage". When you dispose of aerosol cans and spray cans, please use the contents completely and dispose as "Other Non-burnable garbage". Aerosol cans that contain remaining gas may cause explosion or fire in garbage trucks.

# CAUTION Do not pierce aerosol cans!



- Spray Can: Some kinds of them have a function to eject the content. Please contact us if you can't use the contents completely.
- ♦ Butane Gas Cartridge: Please call Kasuga Onojo Recycle Plaza at 092-596-7066 first and bring them to the Plaza (6-2 Kasugakoen Kasuga city) if you can't use the contents completely.

# Night time and Holiday Doctors (Monthly)

We provide the information on Night time and Holiday Doctors (Monthly) in English on the website of Onojo City. Please check the following site and make use of it in the case of emergency at night and on holidays.

URL http://www.city.onojo.fukuoka.jp/s021/020/120/010/020/050/93875.html

\*Please visit a medical institution available at night time or on holidays only in case of emergency.

\*As the information is subject to change, please confirm availability beforehand with the medical institution you would like to visit.



# Dec. 1st, 2023 issue (No.6)

### Consultation Service for Novel Coronavirus Infection (COVID-19) Consultation for Visiting Medical Institution

If you suspect that you might have been infected with COVID-19, please contact your family doctor, Fukuoka Prefecture COVID-19 General Consultation Call Center or Health and Welfare Environment Office before visiting a medical institution.

# As to consultation in foreign language, please contact the number below.

Fukuoka International Medical support Center TEL: 092-286-9595

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- \*Supported Languages <u>21 languages</u>

English, Chinese, Korean, Thai, Vietnamese, Indonesian, Tagalog, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer language, Myanmar, Sinhara, Mongolian, Hindi, Bengali

# - Japanese Only -

Joe'BOX

**Fukuoka Prefecture Consultation Call Center for COVID-19** TEL:050-3665-8126 \*24 hours per day

Chikushi Health and Welfare Environment Office

TEL:092-513-5584 \*Weekday only 8:30am - 5:15pm

# **Information on Opening Hours**

Dec. 4<sup>th</sup> Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Dec. 6<sup>th</sup> Madokapia will be CLOSED

- Dec. 9<sup>th</sup> Citizen Service Section will be open from 9:30am to 12:30pm
- Dec. 11th Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

# Don't feel Please er

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\*Information on this issue: as of Fri, Nov. 17<sup>th</sup>