

# Emergency Support Benefit for Rise of Price of Electric Power, Gas, Food, etc.

Emergency support benefit will be provided to low-income households. It is to take into consideration that rise of price of electric power, gas, food, etc. will greatly affect household budget of low income households.

#### Subject Person

Households registered with Onojo City as of Jun. 1st, 2023 and all members in the same household are exempted from residential tax (per capita levy) for FY2023.

- Benefit Amount 30,000 yen per household
- \*Payment is done only once.

#### • How to Apply

We sent the notification to subject households sequentially from the end of July.

# ● Application Deadline <u>Tue, October 31<sup>st</sup>, 2023</u>

\*Application postmarked on October 31st will be deemed valid.

For application and further information, please contact us.



Don't feel alone. Please email us at shakai@city.onojo.fukuoka.jp if you have any problems living in Onojo City.

For application or further information, please contact **Community Culture Section** 

Fax: 092-573-7791 Tel: 092-580-1876 E-mail: shakai@city.onojo.fukuoka.jp





# Sep. 15th, 2023 issue (No.1)

-Scan the code to access English page of Onojo City

# "Traffic Safety Campaign" from Sep. 21st to Sep. 30th

# Drunk Driving Elimination

If you consume any kind of alcohol, do not operate any automobile, bicycle or motorbike. Driving under the influence of alcohol is prohibited by the Road Traffic Law, and severely punished. Additionally, providing alcohol to someone you know who will drive and being a passenger in a vehicle in which you know the driver has consumed alcohol are also punishable by law. If you are drinking, don't drive, if you're driving, don't drink.

#### Traffic Accident Prevention

When you drive, please pay careful attention to pedestrians, especially children and elderly people, and make an effort to prevent traffic accident. Drivers and pedestrians need to pay careful attention to traffic.

# Promotion of Safe and Proper Bicycle Use

When you ride on a bicycle, please wear a helmet and follow safety rules to prevent an accident.

### 5 Rules of Safety Bicycle Use

5 Rules of Safety Bicycle Use was revised on Nov. 1st, 2022. When you ride on a bicycle, please follow the safety rules to prevent an accident.

1)In principle, ride on the road.

Ride on the left side of the road.

Riding on the sidewalk is allowed only in exceptional cases.

On sidewalks, yield to pedestrians.

- ②Stop at intersections and check safety.
- ③Turn on headlights at night.
- (4) Riding while under the influence of alcohol is prohibited.
- (5) Wear a helmet.

# Bicycle Insurance

If you have an accident, there will be a case that you are required to pay compensation to a victim. In Fukuoka Prefecture, to protect you and a victim, it is mandatory for cyclists to buy bicycle insurance from Oct. 2020.









Sep. 15th, 2023 issue (No.2)

#### **Novel Coronavirus (COVID-19) Vaccination**

COVID-19 vaccination starting from fall 2023

COVID-19 Vaccination starts targeting Omicron subvariant XBB.1.5 from Sep. 20<sup>th</sup>

#### Subject Person

All persons aged 6 months old or older who have received the primary series (1<sup>st</sup> and 2<sup>nd</sup> doses for persons aged 5 or older, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> doses for infants aged 6 months to 4) of COVID-19 vaccine

\*If you do not receive the primary series of COVID-19 vaccine, please receive them first at medical institutions. From Sep. 20<sup>th</sup>, the vaccine targeting Omicron subvariant XBB.1.5 is used for the primary series.

#### Vaccination Interval

3 or more months after the previous COVID-19 vaccination

#### ■Vaccination Fee

Free

#### Vaccination Period

♦Persons aged 12 years or older from Wed, Sep. 20<sup>th</sup> to Sun, Mar. 31<sup>st</sup>, 2024

# ♦Infants aged 6 months to 11

We are scheduled to start the vaccination to infants aged 6 months to 11 from Mon, Oct. 2<sup>nd</sup>, but it depends on the COVID-19 vaccine supply from the government of Japan. For further details, please check the Oct.1<sup>st</sup> issue of the City Magazine "Onojo" (Written in Japanese) or contact us. \*For the past 3 years, the COVID-19 virus goes around in the year-end and beginning of the New Year. If you want to receive the vaccine, please receive it before its spread.

#### Vaccine Type

COVID-19 vaccine targeting Omicron subvariant XBB.1.5

\*We use age-appropriate COVID-19 vaccine

(Continued on the right column)

# **Novel Coronavirus (COVID-19) Vaccination**

COVID-19 vaccination starting from fall 2023

#### Vaccination Distribution

We will send the vaccination ticket to the following persons ① and ②.

①Persons who have received the bivalent COVID-19 vaccine targeting Omicron variants at COVID-19 vaccination starting from spring 2023 ②Persons aged 59 or younger other than ① have received COVID-19 vaccine targeting Omicron variants at COVID-19 vaccination starting from fall 2022 (during the period from Sep. 2022 to May 7<sup>th</sup>, 2023)

\*We send postcard-size COVID-19 vaccination notification to persons other than ① and ② who received the primary series of COVID-19 vaccine. For the reissuance of the vaccination ticket, please refer to the notification or contact us.

\*If you have COVID-19 vaccination ticket issued before, please use the vaccination ticket.

#### Distribution Schedule of Vaccination Ticket (12 years old or older)

	Dates the
Persons who apply to ②	vaccination
Previous Vaccination	ticket will
	be sent
	Sep. 7 <sup>th</sup>
	Sep. 14 <sup>th</sup>
	Sep. 19 <sup>th</sup>
	Sep. 21 <sup>st</sup>
Nov. 26 <sup>th</sup> , 2022 May 7 <sup>th</sup> , 2023	Sep. 26 <sup>th</sup>
	Oct. 3 <sup>rd</sup>
	Oct. 10 <sup>th</sup>
	Oct. 17 <sup>th</sup>
	 by Oct. 20 <sup>th</sup> , 2022 Oct. 21 <sup>st-2</sup> 8 <sup>th</sup> , 2022 Oct. 29 <sup>th-1</sup> Nov. 25 <sup>th</sup> , 2022

\*It will take about 3 days except Sat. Sun. and National Holidays till you receive the vaccination ticket after the date the vaccination ticket will be sent.

(Continued on No.3)

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Please email us at shakai@city.onojo.fukuoka.jp if you have any problems living in Onojo City.

For application or further information, please contact Community Culture Section





Sep. 15th, 2023 issue (No.3)

#### **Novel Coronavirus (COVID-19) Vaccination**

COVID-19 vaccination starting from fall 2023

Mass Vaccination (12 years old or older)

#### **♦Venue**

- ·Sukoyaka Koryu Plaza 【4-2-1 Kawarada, Onojo City】
- Minami Community Center [5-9-1 Minamigaoka, Onojo City]
- \*Vaccination at Minami Community Center will finish at the end of October.
- \*Please make a reservation after receiving the vaccination ticket.
- \*For individual vaccination, please make a reservation at medical institutions.

\*Primary series of COVID-19 vaccination is held only at medical institutions. If you want to receive the primary vaccination, please call a medical institution that the vaccination is available and make a reservation.

#### How to make a reservation

♦By Phone ♦Online

\*If you need language support at a vaccination venue, please let us know when making a reservation.

\*For further information regarding making a reservation, please see the right column.

For further information, please contact us.

(Information regarding COVID-19 vaccination: as of Sep. 4<sup>th</sup>)

\*The schedule might be changed depending on the trends of the government of Japan.

(Continued on the right column)

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## **Novel Coronavirus (COVID-19) Vaccination**

COVID-19 vaccination starting from fall 2023

How to make a vaccination reservation

You need to make a reservation to receive COVID-19 vaccination.

#### ●How to make a vaccination reservation

- ◆Prepare your vaccination ticket at hand.
- ◆ You can make a vaccination reservation by phone or online.
- ♦ If you need any help such as language support at a vaccination venue, please let us tell when you make a reservation.

\*If you cancel your vaccination reservation for some reason, please let us know by one day before your vaccination day by phone or online. We only accept cancellation on the day of your vaccination day by phone.

\*You cannot make or change a reservation at a vaccination venue.

#### Contact to make a reservation

**♦**Online



【Onojo City COVID-19 Vaccination Reservation Website】

# **♦**By Phone

Onojo City COVID-19 Vaccination Call Center at 092-580-1892

\*Reception time:

♦ Weekdays 9:00am - 7:00pm

♦ Saturdays, Sundays and National holidays 9:00am - 5:00pm

(Continued on No.4)

For application or further information, please contact Community Culture Section





Sep. 15th, 2023 issue (No.4)

# **Novel Coronavirus (COVID-19) Vaccination**

COVID-19 vaccination starting from fall 2023

#### Mass Vaccination Schedule

September			
Date	Sukoyaka Koryu Plaza	Minami Community Center	
Thu. 21 <sup>st</sup>	O2:00pm-5:45pm		
Sun. 24 <sup>th</sup>		O 2:00pm-5:45pm	
Tue. 26 <sup>th</sup>	O2:00pm-5:45pm		
Fri. 29 <sup>th</sup>	O 2:00pm-8:10pm		
Sat. 30 <sup>th</sup>	O10:00am-5:45pm		

October			
Date	Sukoyaka Koryu Plaza	Minami Community Center	
Sun. 1 <sup>st</sup>		O 10:00am-12:45pm	
Tue.	◆ 2:00pm-5:45pm		
Fri. 6 <sup>th</sup>		O 2:00pm-5:45pm	
Sat. 7 <sup>th</sup>	O10:00am-5:45pm		
Sun. 8 <sup>th</sup>	O 10:00am-12:45pm		
Tue. 10 <sup>th</sup>		O 2:00pm-5:45pm	
Fri. 13 <sup>th</sup>	◆ 2:00pm-8:10pm	O 2:00pm-5:45pm	
Sat. 14 <sup>th</sup>	O10:00am-5:45pm		
Sun. 15 <sup>th</sup>	O 10:00am-12:45pm		
Tue. 17 <sup>th</sup>	◆ 2:00pm-5:45pm		

OPfizer vaccine for persons aged 12 and older

◆Moderna vaccine for persons aged 12 and older

We post mass vaccination schedule from Oct. 18<sup>th</sup> on the HP of Onojo City as soon as it is decided. (Continued on the right column)

# Novel Coronavirus (COVID-19) Vaccination Consultation regarding COVID-19 in foreign languages

For consultation regarding COVID-19 in foreign languages, please contact the phone numbers below.

● Fukuoka Multilingual Assistance and Information Center

TEL: 0120-279-906 (Toll-free)

\*Reception Time: 10:00am - 7:00pm \*except Dec. 29<sup>th</sup> - Jan. 3<sup>rd</sup> \*Support Languages: Japanese, English, Chinese, Korean, Vietnamese, Nepalese, Indonesian, Tagalog, Thai, Malay, Spanish,

French, German, Italian, Russian, Portuguese, Myanmarese, Khmer, Mongolian, Sinhala, Hindi, Bengali

♦ Telephone Consultation Service by Ministry of Health, Labour and Welfare

Regarding Novel Coronavirus Vaccines

TEL: 0120-761-770 (Toll-free)

\*Reception Time:

♦ Japanese, English, Chinese, Korean, Portuguese, Spanish: 9:00am - 9:00pm

♦ Thai: 9:00am - 6:00pm ♦ Vietnamese: 10:00am - 7:00pm

\*Service is provided every day including weekends and holidays.

Medical consultation such as side effectDedicated COVID-19 Vaccine Phone Number

TEL: 092-687-4884

\*Reception Time: 9:00am - 5:00pm

\*Service is provided on weekends and national holidays as well as weekdays.

\*Support Languages: English, Chinese, Korean, Vietnamese, Indonesian, Tagalog, Thai, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer, Myanmar, Sinhalese, Mongolian

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Sep. 15th, 2023 issue (No.5)

# Acceptance of Application for New Enrollment in Private Kindergarten and Authorized "Kodomo-En" in Onojo City in 2024

Private kindergarten and Authorized "Kodomo-En" in Onojo City will accept an application form for new enrollment. Each school will hold an orientation about nursing details and nursing fee. Please take part in the orientation referring to the schedule below.

- ●Eligible Children for Enrollment Children aged 3 5 who were born from April 2<sup>nd</sup> in 2018 through April 1<sup>st</sup> in 2022
  - \*Regarding acceptance of a child aged 3 who were born from April 2<sup>nd</sup> in 2021 through April 1<sup>st</sup> in 2022, please contact each private kindergarten or Authorized "Kodomo-En".
- Venue and Contact Each Private Kindergarten or Authorized "Kodomo-En"
- ★ Reservation Necessary

	A Reservation recessary				
	Facilities	Address • Phone No.	Distribution of Application Form	Orientation for Enrollment	Application Acceptance
			Date & Time	Date & Time	Date & Time
	Ono Minami	1-8-1 Kamiori ☎092 (596)0160	Mon, Oct.2 <sup>nd</sup>	Fri, Oct. 6 <sup>th</sup> 10:30am ★	Wed, Nov. 1 <sup>st</sup> 9:00am-
۵	Hiwaka	1-5-21 Shimoori ☎092 (581)8702	10:00am-	Sat, Oct. 14 <sup>th</sup> 10:00am-	Wed, Nov. 1 <sup>st</sup> 10:00am-
Kindergarten	Mikasa	4-23-20 Nakahata ☎092 (591)2413	Mon, Oct.2 <sup>nd</sup> 9:00am-	Thu, Oct. 5 <sup>th</sup> 10:00am-11:00am ★ *Interview with parent(s) on Mon, Oct. 23 <sup>rd</sup> from 9:00am	Result of the Interview with parent(s) will be sent by Wed, Nov. 1 <sup>st</sup>
	Minamiga- oka	5-19-1 Minamigaoka ☎092 (596)2974			
Private	Minamiga- oka Daini	2-4-10 Asahigaoka <b>2</b> 092 (596)2907	Wed, Oct. 11 <sup>th</sup> 10:30am-	Wed, Oct. 11 <sup>th</sup> 10:30am-11:30am	Wed, Nov. 1 <sup>st</sup> 9:00am-
	Tsukinoura	3-23-1 Tsukinoura ☎092 (595)2580			

\*For the latest information, please refer to the HP of each facility.

(Continued on the upper right column)

Acceptance of Application for New Enrollment in Private Kindergarten and Authorized "Kodomo-En" in Onojo City in 2024

(Continued from the left column)

★ Reservation Necessary

Fac	ilities	Address • Phone No.	Distribution of Application Form Date & Time	Orientation for Enrollment	Application Acceptance
		1-2-27	Mon, Oct.2 <sup>nd</sup>	Orientation will not be held.	Date & Tille
ed En" ten	Ono	Akebonomachi <b>2</b> 092(572)8662	9:00am-	Visit is available as needed. ★	
*Authoriza "Kodomo-I (Kindergar Section)	Ono	1-10-37 Otogana	Wed, Oct. 11 <sup>th</sup>	Wed, Oct. 11 <sup>th</sup> , Thu, Oct. 12 <sup>th</sup>	Wed, Nov. 1 <sup>st</sup> 9:00am-
Aur Cod Cinc	Higashi	<b>2</b> 092(503)2895	10:30am-	10:30am- ★	
t" 4)	Chikushi	2-2-18 Yokomine 25092(596)4959	Mon, Oct.2 <sup>nd</sup> 9:00am-	Thu, Oct. 5 <sup>th</sup> , Tue, Oct. 10 <sup>th</sup> 10:30am- ★	

<sup>\*</sup>For the latest information, please refer to the HP of each facility.

# **Japan Mammography Sunday**

The 3<sup>rd</sup> Friday in October each year is National Mammography Day. The day is set to raise awareness of breast cancer. In Japan, the 3<sup>rd</sup> Sunday in October is Japan Mammography Sunday and medical institutions are open on this day, Sun, Oct. 15<sup>th</sup>, for those who are busy with child-rearing, care for the elderly, work and housework on weekdays to take breast cancer screening (mammography).

●Copayment amount about 10,000 yen

(It varies depending on medical institutions.)

\*If you want to take breast cancer screening, you need to make a reservation.

\*You might be able to use the breast cancer screening ticket issued by the city or a free coupon of breast cancer screening. For details, please ask a medical institution. For the information about available medical institutions for the screening, please contact us.

For application or further information, please contact Community Culture Section



<sup>\*</sup>Authorized "Kodomo-En" is a combined facility of a nursery school and a kindergarten which is authorized by Fukuoka Prefecture.



# Sep. 15th, 2023 issue (No.6)

# Health Check-up for New 1st Grade Elementary School Students

### Subject Person

Children who will enroll in an elementary school in April 2024 (Born from April 2<sup>nd</sup> in 2017 through April 1<sup>st</sup> in 2018)

- Venue Gymnasium at each elementary school
- Necessary Items
- ◇Notification Letter (Sent in early September) ◇Health Check-up Sheet for Enrollment (Sent with Notification Letter) ◇Indoor Shoes
- ♦ Documents which have vaccination history of your child such as Maternal and Child Health Handbook ♦ Handkerchief (used in an Eye Test)
- Clothes Please wear separate top and bottom clothes such as gym clothes. \*In case that you have not received the notification letter, please contact us. \*Please refrain from visiting by a private car.

#### **Health Check-up Schedule**

Venue (Elementary School)	Date	Time
Ono Higashi	Tue, Oct.3 <sup>rd</sup>	1:30pm
Ono Minami	Wed, Oct.4 <sup>th</sup>	1:10pm
Mikasanomori	Thu, Oct.5 <sup>th</sup>	1:30pm
Ogi	Fri, Oct.6 <sup>th</sup>	1:30pm
Ori	Wed, Oct.11 <sup>th</sup>	1:30pm
Hirano	Wed, Oct.18 <sup>th</sup>	1:30pm
Tsukinoura	Fri, Oct.20 <sup>th</sup>	12:50pm
Ono Kita	Tue, Oct.24 <sup>th</sup>	1:30pm
Ono	Wed, Oct.25 <sup>th</sup>	1:30pm
Shimoori	Wed, Nov.1 <sup>st</sup>	1:30pm

<sup>\*</sup>Please check Notification Letter about reception time.

#### **Recycle Exhibition**

Sale and transfer of used bicycles and steel furniture for reusing purpose.

Date and Time

Tue, Oct. 3<sup>rd</sup> - Sun, Oct. 8<sup>th</sup> except Sat, Oct. 7<sup>th</sup> 9:00am - 4:00pm

Venue

Kasuga Onojo Recycle Plaza (6-2 Kasugakoen Kasuga city)

Subject Person

Onojo or Kasuga citizens

- Items
  - ♦ Bicycles (roughly 30 units) ♦ Steel furniture (roughly 100 units) \*A family unit may apply for a bicycle and a piece of steel furniture.
- Price

Bicycle: 2,600yen (including 600yen for bicycle theft prevention registration) Steel furniture: Free

How to Apply

Fill in the application form (distributed at the venue) and submit it at the reception.

- Notes
- ◆Only visitors can apply for items.
- ◆ If applications exceed the number of prepared items, a drawing will be held and the notification will be sent to elected applicants only.
- ◆If more than an application is submitted from a family unit, all applications of the family will be invalid.
- ◆More than a year must be passed to apply as for those who have received a bicycle in the past through Recycle Exhibition.
  - \*Including the persons who declined to receive it.
- ◆Elected applicants must pick up their items between Tue, Oct. 17<sup>th</sup> and Mon, Oct. 23<sup>rd</sup> (except Saturday, Sunday and National Holiday) from 9:00am to 3:30pm.
  - \*Please bring the notification sent to elected applicants.

For application or further information, please contact Community Culture Section





# Sep. 15th, 2023 issue (No.7)

#### **Nobinobi Hiroba**

Why don't you experience parent-child play with our day-care center staff and interact through picture book reading?

Subject Person Children aged 1 - 2 years and 11 months and their quardians living in Onojo City

\*Please consult as to participation of siblings.

Date and Time

Date	Time	Venue
Wed, Oct. 4 <sup>th</sup>		Reiwa Kodomo Joho
Fri, Oct. 6 <sup>th</sup>	10:45am - 11:45am	Center(Reiwa Children Information Center),
Fri, Oct. 27 <sup>th</sup>	(Receptions:10:30am-)	Kosodate-oen (support for child raising) Floor (Sukoyaka
Tue, Oct. 31 <sup>st</sup>		Koryu Plaza 3F)

- \*Multiple applications are not acceptable.
- **●Contents** Drawing (Halloween)
- \*Please join wearing casual clothes.
- Fee free Limit 12 groups / each day (First-come first-served basis)
- **Application Period** from Thu, Sep. 21<sup>st</sup> to Wed, Sep. 27<sup>th</sup> (1:00pm-5:00pm) \*except Saturday and Sunday

# Onojo Cocoro-no-furusato-kan City Museum

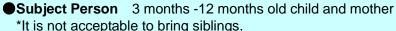
Visitors are able to learn the history of Onojo City easily and widely through exhibitions.

- Closed Every Monday
  - \*If Monday falls on a public holiday, the museum is closed on the following weekday.
- **Hours** 9:00am 7:00pm
- Admission Permanent Exhibition: Free
  - \*Special Exhibition: Charged
- Address 3-8-3 Akebono-machi, Onojo City



### Akachan (baby) Hiroba

Come join us and have a relaxing time with other mothers!





Subject Person	Date and time	Venue
Those who live in South / East Community Area	Mon, Oct.2 <sup>nd</sup> 10:30am-12:00pm	Reiwa Kodomo Joho Center(Reiwa Children
Those who live in North Community Area	Mon, Oct. 16 <sup>th</sup> 10:30am-12:00pm	Information Center), Kosodate-oen (support for
Those who live in Central Community Area	Mon, Oct. 23 <sup>rd</sup> 10:30am-12:00pm	child raising) Floor (Sukoyaka Koryu Plaza 3F)

(Reception: from 10:00am - ) \*Please attend in the community area you live.

- Free Limit 50 groups / each day (First-come first-served basis)
- Items to bring swaddle blanket or bath towel \*Limited Parking

#### **Calligraphy Works Exhibition**

- ●Period Tue, Oct. 3<sup>rd</sup> Sun, Oct. 29<sup>th</sup>
- ●Time 9:00am 7:00pm (closed at 5pm on the last day)
- ●Venue Lobby (Joe Hall), Onojo Cocoro-no-furusato-kan City Museum 【1<sup>st</sup> Floor】
  (3-8-3 Akebono-machi, Onojo City)
- **Fee** free

For application or further information, please contact Community Culture Section





# Sep. 15th, 2023 issue (No.8)

### Family Support Center Onojo (Onegai Member Registration Date)

"Family Support Center Onojo" is a paid-volunteering service aiming to support guardians with child care. Please register to use this service.

Subject Person

Guardians of children aged 3 months old up to elementary school 6<sup>th</sup> graders and who live or work in Onojo City

- ●Time 10:00am 12:00pm (Reception: 9:45am-)
- ●Limit 15 people / each venue \*First-come first-served basis
- Application deadline Must be by 2 days prior to each scheduled registration date

Venue of Accepting Registration

Date	Venue
Wed, Oct. 4 <sup>th</sup> , 2023	Minami (South) Community Center
Fri, Nov. 10 <sup>th</sup> , 2023	Chuo (Central) Community Center
Thu, Dec. 7 <sup>th</sup> , 2023	Higashi (East) Community Center
Fri, Jan. 12 <sup>th</sup> , 2024	Kita (North) Community Center
Tue, Feb. 6 <sup>th</sup> , 2024	Minami (South) Community Center
Wed, Mar. 6 <sup>th</sup> , 2024	Chuo (Central) Community Center

For further information, please contact us.

#### **Prevent Heatstroke!**

The number of people who get heatstroke is increasing due to this hot weather. Severe heatstroke can possibly lead to death. Please take preventive measures as follows:

- (a) Drink liquid even when you don't feel thirsty. Get salt when you sweat a lot.
- (b) Pay attention to the temperature. Use fans or an air conditioner indoors. Wear sweat-absorbent material clothing.
- (c) Maintain your health. Take adequate diet and sleep.
- (d) Taking off a mask depending on the situation.



#### **Onojo General Gymnasium Sports Class**

Each lesson targets beginners and you can take exercise at your own pace. You can join any time.

Venue

Madoka Park General Gymnasium

● Participation Fee

300yen / lesson (including insurance)

● Necessary Items

casual outfit for exercising, indoor shoes, drink, towel, etc.

● How to apply Call Onojo Sports Association at 092-503-0021 and tell participant's name, age, phone number, name of class, the day you start joining the class

\*Japanese-speaking staff only.

\*Please pay participation fee at the reception on the day before a lesson

● Application Acceptance from Fri, Sep. 15<sup>th</sup>

Lesson	Date, Time	Limit (First-come first-served basis)	Contents
Take It Easy	Oct. 6 <sup>th</sup> - Dec. 15 <sup>th</sup> Every Friday 10:00am - 12:00pm	15	Exercise with a step ladder, Muscle strengthening exercise, Stretch
Orientation for Training Room Users	Oct. 17 <sup>th</sup> - Dec. 19 <sup>th</sup> 3 <sup>rd</sup> Tuesdays 1:30pm - 3:00pm	2	How to use training machines

\*Each class includes preparation and clean-up time.

\*No class on National Holidays \*You can join in mid-tem.

\*The class might be cancelled in certain circumstances.

Joe'BOX



Don't feel alone.
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For application or further information, please contact Community Culture Section





Sep. 15th, 2023 issue (No.9)

#### **Madoka Recreation Sports Festival**

**Madoka Recreation Sports Festival** October 9<sup>th</sup>

Let's enjoy various sports! Madoka Recreation Sports Festival is a sport event each community center will organize. It will be held October 9<sup>th</sup>, a national holiday called Health-Sports Day. You can experience or challenge a variety of familiar and unfamiliar sports such as Darts, Flying Disc, Struck Out, Basket Ping-Pong, Madoka Archery,,, Any citizens including small infants and elder people can enjoy this festival playing sports!

\*Contents of the festival vary by each community.

# <Chuo (Central) Community>

- Venue Chuo Community Center
- Opening Ceremony 9:30am -
- Closing Ceremony 3:00pm -
- Contents

Reception: 10:00am-10:30am

\*In the case of little rain. Will be cancelled.



## <Minami (South) Community>

- Venue ◇ Minami Community Center
- Opening Ceremony 9:00am -
- Closing Ceremony 2:30pm -
- Contents
- ♦ Various recreation sports
- ♦Walking

Start: 10:00am -

Subject Person: Elementary School Students and older

\*In the case of little rain. Will be held.

# <Kita (North) Community>

- Venue Kita Community Center
- Opening Ceremony 9:15am -
- Closing Ceremony 3:00pm -
- Contents
- ♦ Various recreation sports
- ♦ Walking

Start: 10:20am -

Subject Person: Elementary School Students and older

\*In the case of little rain. Will be held.





#### <Higashi (East) Community>

- **Venue** ♦ Higashi Community Center
- Opening Ceremony 9:00am -
- Closing Ceremony 2:35pm -
- Contents
- ♦ Various recreation sports
- ♦ Walking

Reception: 9:30am -

\*In the case of little rain. Will be held.



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For application or further information, please contact **Community Culture Section** 





# Sep. 15th, 2023 issue (No.10)

#### Let's enjoy an autumn mountain!

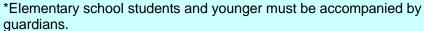
- Nature Observation and Mountain Climbing -

Why don't you observe nature in autumn? Participants climb Mt. Ushikubi (448m above sea level), which is located in the southern part of the city, observing nature with an expert of animals and plants.

- Date and Time Fri, Oct. 13<sup>th</sup> 9:00am 4:00pm \*In the case of rain, will be cancelled.
- ■Venue Ushikubi Trust-no-mori Forest (opposite side of Fukuoka Central Cemetery)
- \*A portable toilet is set in the middle of the course.
- ●Limit 30 people (First-come first-served basis)
- •Fee Free
- Necessary Items ◇ Lunch ◇ Drink ◇ Hat ◇ Cotton work gloves ♦ Picnic blanket ♦ Towel ♦ Plastic bags ♦ Trekking pole (If you have.)
- \*Please join wearing casual clothes and climbing boots or comfortable shoes.
- How to Apply Call us
- Application Period Mon, Oct. 2<sup>nd</sup> Fri, Oct. 6<sup>th</sup>
- \*Reception Time 8:30am 5:00pm
- \*Application from company and group is not acceptable.

#### Let's make a candle!

- Dates and Time Sun, Oct. 22<sup>nd</sup> 2:00pm 4:00pm
- **Venue** Chuo Community Center
- **●Content** ♦ Making a candle
- **Fee** 500 yen per candle set
- ●Limit 20 people (First-come first-served basis)
- Application Acceptance from Mon, Sep. 18<sup>th</sup>



\*For application, please call or e-mail us.



#### Let's Ramble in Nature!

- Onojo Castle Ruins (Mt. Shioji) Walking -

Appreciating scenery in autumn, let's Ramble Onojo Castle Ruins (Mt. Shioji), listening to the explanation of curator and forest instructor.

- \*Rice ball and pork miso soup will be distributed after walking. Please prepare lunch by yourself.
- Date and Time Sat, Oct. 21<sup>st</sup> 10:00am 1:00pm (Reception 9:30am-)

\*In the case of little rain, will be held.

\*In the case of rain, will not be held.

- Meeting point Mt. Shioji Kenmin-no-mori Center
- ●Course A. Course for Hakata Bay view (about 2.5km)
  - B. Course for Iwayajo castle ruins (about 1.6km)
  - C. Course for visiting places related to Onojo Castle Ruins such as Hyakken Stone Wall Ruins (about 3.5km)
  - D. Course for walking a mountain path appreciating the nature (about 2km)
- Limit 60 people (first-come first-served basis)
- **How to Apply** Please call us with the followings written:
  - ◆Name of course ◆Name (furigana), address, age, phone number of all participants
- Application Period Sun, Oct. 1st Sun, Oct. 15th

\*except Mon, Oct. 2<sup>nd</sup> and Tue, Oct. 10<sup>th</sup>

For further details, please contact us.



Don't feel alone. Please email us at shakai@city.onojo.fukuoka.jp if you have any problems living in Onojo City.

For application or further information, please contact **Community Culture Section** 







Sep. 15th, 2023 issue (No.11)

### Let's go to "Star-dome-madoka"! Seasonal Event - Harvest Moon -Let's watch the moon together!





- Date and Time Fri, Sep. 29<sup>th</sup> 7:00pm 8:50pm
- Venue Kita Community Center, "Star-dome-madoka"
- **●Content** ♦ Observing the planets with a telescope
  - ♦ Observing the stars in summer and autumn with a telescope
  - ♦ Observing the moon with a telescope
- ●Fee Free
- \*Junior High School students and younger must be accompanied by guardians.
- \*In the case of rain or cloudiness, a story telling will be held in a room.
- \*No registration in advance necessary.

# Novel Coronavirus (COVID-19) infection is spreading Take Preventive Measures against COVID-19

The number of people who are infected with COVID-19 is increasing. Please take preventive measures to protect your health and lives.

# Preventive measures

- •Wear a mask properly.
- \*Wearing a mask is effective to prevention the infection.
- •Wash your hands with soap and water frequently and thoroughly.
- Disinfecting your hands with alcohol.
- •Keep rooms well-ventilated.



Don't feel alone.

Please email us at shakai@city.onojo.fukuoka.jp if you have any problems living in Onojo City.

# **Consultation Service for Novel Coronavirus Infection (COVID-19)**

#### Consultation for Visiting Medical Institution

'Chikushi Health and Welfare Environment Office (Consultation Call Center)' provides consultation service for novel coronavirus infection. If it is suspected that you might have been infected with the virus, please contact 'Chikushi Health and Welfare Environment Office' or Consultation Call Center for COVID-19 immediately before visiting a medical institution.

As to consultation in foreign language, please contact the number below.

### Fukuoka International Medical support Center TEL: 092-286-9595

- \* Available all year round (24 hours per day, 365 days per year)
- \*Supported Languages 21 languages

English, Chinese, Korean, Thai, Vietnamese, Indonesian, Tagalog, Nepali, Malay, Spanish, Portuguese, German, French, Italian, Russian, Khmer language, Myanmar, Sinhara, Mongolian, Hindi, Bengali

- Japanese Only -

#### Chikushi Health and Welfare Environment Office

TEL: 092-707-0524 \*Weekday only 8:30am - 5:15pm

**Consultation Call Center for COVID-19** 

TEL: 050-3665-8126 \*24 hours per day

# **Information on Opening Hours**

Sep. 19<sup>th</sup> Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

Sep. 20<sup>th</sup> Madokapia will be CLOSED

Sep. 23<sup>rd</sup> Citizen Service Section will be open from 9:30am to 12:30pm

Sep. 25<sup>th</sup> Onojo Cocoro-no-furusato-kan City Museum will be CLOSED

For application or further information, please contact Community Culture Section

Tel: 092-580-1876 Fax: 092-573-7791 E-mail: shakai@city.onojo.fukuoka.jp



\*Information on this issue: as of Mon, Sep. 4th